

TO THE OWNER

Camp Activity Examples (younger and older) with Social Distancing Requirements of 10 feet or more.

ALL COACHES WILL EMPHASIZE AND ENFORCE 10 FEET SOCIAL DISTANCING AT ALL TIMES

- 1) NERF Dodge Ball: Participants can play the game like usual except for a couple things. Each participant will be assigned their own "lane" which will be identified with markers. Participants will not be permitted to cross into someone else's lane in order to maintain social distancing. Game will also be more spread out. This should enable 10 feet or more distance between participants during the game.
- 2) Get the Candy: Hula hoops and poly spots will be spread out at least 10 feet apart or more. Often greater than 10 feet. Two teams will play against each other. One team hustles to put bean bags on the spots, other team does the same thing only to put bean bags in the hoops. Team with most bean bags in/on their equipment wins. Participants will be instructed to avoid going to spots/hoops where another person is. Game will also be incredibly spread out. This should enable 10 feet or more distance between participants during the game.
- 3) Parachute: This good ol' fashioned activity can easily be modified to allow for social distancing requirements. Most parachute activities can remain the same except with fewer participants. Participants will be located 10 feet away from each other on the parachute. When going under the parachute (for example), participants will be instructed to avoid with other, and travel a different direction. This should enable 10 feet or more distance between participants during the activity.
- 4) <u>Ultimate Frisbee</u>: This classic game does not need to change much. Game is naturally spread out to allow for better passing lanes. Fewer players will play against each other to help maintain social distancing. A couple rule changes will ensure proper social distancing requirements will be upheld:
 - defenders are not allowed within 10 feet distance of offensive players
 - offensive players are not allowed within 10 feet distance from each other
 - offensive players MAY NOT travel towards the frisbee. This should eliminate much, if not all of the incidental contact between defenders that normally would happen.

